

## COMMUNITY REINFORCEMENT APPROACH (CRA)

## ADOLESCENT COMMUNITY REINFORCEMENT APPROACH (ACRA)

TRAINING – DELIVERED BY GERRY RYAN & GRAHAM GILL-EMERSON

**CRA TRAINING:** 1<sup>st</sup> & 2<sup>nd</sup> March 2017 (full day)

**VENUE:** Taney Parish Centre, Dundrum, Dublin 14

**ACRA TRAINING:** 3<sup>rd</sup> March 2017 (full day)

**VENUE:** Coolevin Scouts Den, Ballybrack, Co. Dublin

### SUGGESTED INVOLVEMENT:

- Family Support Workers, Youth Workers, Drug Workers, Project Workers Counsellors, Therapists and Service Managers
- Key Workers and Case Managers

## TRAINING OVERVIEW

Initial 3 days training to explore and practice the procedures that make A/CRA such an effective treatment approach. During the training we plan to examine the procedures and learn how to apply them to current practices. One of the key pieces of A/CRA is that it can be used effectively with clients at all levels of alcohol or substance use issues.

The Community Reinforcement Approach (CRA) is a comprehensive behavioural program for treating substance-abuse problems. It is based on the belief that environmental contingencies can play a powerful role in encouraging or discouraging drinking or drug use. Consequently, it utilizes social, recreational, familial, and vocational reinforcers to assist clients in the recovery process. Its goal is to make a sober/drug free lifestyle more rewarding than the use of substances.

This training is suitable for workers who work with under 18s in addition to those that work with adult service users. The training is tailored to suit both adolescent and adult service providers.

### LEARNING OUTCOMES:

- Begin the process of becoming an accredited practitioner in an evidence based treatment (EBT) approach
- Increases worker skill base
- Have a clear understanding of the A/CRA model and working in a time limited way.
- Have a resource to offer clients an EBT that is in line with best practice and our current *National Drug Strategy (NDS)*

*See further details on attached page* ➔



Ireland's European Structural and Investment Funds Programmes  
2014-2020

Co-funded by the Irish Government  
and the European Union



EUROPEAN UNION

Investing in your future

European Social Fund



An Roinn Tithíochta, Pleanála,  
Pobail agus Rialtais Áitiúil  
Department of Housing, Planning,  
Community and Local Government

# TRAINING OVERVIEW

## FURTHER INFORMATION

**There are a number of protocols and we will look at each one and also learn and discuss how to implement and sustain the model within current cultures and programmes.**

**A/CRA has been introduced to great success across Ireland over the last number of years with many agencies and clients reporting a significant change in not only the method of treatment but in assisting the difficulties attached to any recovery process.**

**Many workers from various backgrounds whom have trained in A/CRA report that the therapeutic alliance and outcome for the clients they work with have increased.**



Ireland's European Structural and  
Investment Funds Programmes  
2014-2020

Co-funded by the Irish Government  
and the European Union



**EUROPEAN UNION**

Investing in your future

**European Social Fund**



An Roinn Tithíochta, Pleanála,  
Pobail agus Rialtais Áitiúil  
Department of Housing, Planning,  
Community and Local Government